

How to Talk

Dirty a Guide

for Women

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be sought.

Introduction

Why Talk

Dirty?

The Most

Important Part

Dirty Talk

Doesn't Have to

Be Filthy

How Do I Get

There?

Where to Get

Ideas

Setting the

Stage

Putting

Words in Your

Mouth

Creative

Images in

Everyday Life

Fine-Tuning

Your Bedroom

Talk

Taking it

Further: Phone

Sex

Make it

Quick! Dirty

Texting

Playing

Online:

Cybersex and

Email

Dirty Talk in

Public

Those

“Whoa!”

Moments

Naughty

Role-playing

Tips and Tricks

Girl on Girl

Dirty Talk

Getting

Hard-core

Now That

You've Done

It...

Special

Bonus from

Denise

Introduction

Good dirty

talk can rev up

your

relationship

like nothing

else. If you're

ready to learn,

you've come to

the right place!

*From the
very beginning
of our lives, our*

words are

anticipated.

The smallest

*"coo" when we
are babies is
listened to with*

baited breath.

That first

giggle is often

enough to

provoke gales

of laughter and

maybe even

tears of pride.

At some

point, we

realize that our

sounds can

give us what

we want.

Babies quickly

learn that if

they cry about

something,

Mommy and

Daddy will be

there to take

care of the

problem. One

of the first

things we learn

is the power

behind our

voices!

Then we

begin to talk.

Oh, what a

glorious day

that is! Parents

and doctors

wait anxiously

for that first

comment, and

when it comes,

it's cause for

celebration.

They call

friends with

the good news,

tell strangers

at the grocery

store, and

break out the

video camera.

Our first words

are

show-stoppers.

But

somewhere

along the way,

those fantastic

words become

commonplace,

and the magic

disappears.

Discovering

new words

becomes a

non-event.

Even learning

a new

language isn't

all that

impressive.

After all,

everyone does

it. Learning a

new language

has become the

trendy thing to

do.

*But there is
a different
language, one*

that only

seasoned

adults can

handle. It's the

language of

love. More

specifically, the

language of

lust.

*It's the
language of
dirty talk.*

*It's all about
taboo phrases,
naughty curse*

words, and

innuendo that

would make a

porn star

blush. It's all

about making

your partner

anticipate

what comes

next. It's about

making him so

eager, so hot,

so turned on,

that a single

word from you

can tip him

over the edge

of desire. With

an ear for

adventure and

an open mind,

you can have

him hanging

on every word.

*There was a
time when you
learned that*

your voice and

your words had

the power to

move people.

Your words

had the power

*to get what you
wanted, and to
get it fast. Now*

that you're an

adult, you have

that same

power, just

ready to be

discovered all

over again.

Your dirty talk

can give you

what you want

in bed -- you

just have to

learn the

language.

Read on and

find out how.

You know you

want to!

Why Talk

Dirty?

*You might be
reading this
because your*

partner has

expressed an

interest in

hearing

naughty words

in the heat of

passion. You

might have

sought out this

book because

you are the one

who craves

those sweet

nothings.

Maybe you

want to liven

up your sex life,

or maybe you

are just curious

as to why your

partner likes to

talk so much in

bed. Maybe you

are already a

fantastic dirty

talker who

needs a new

idea or two, or

maybe you're

just in the

mood to brush

up on your

naughty skills.

Whatever

the reason,

you've chosen

the right route

to get what you

need!

Talking dirty

has become so

much a part of

our sexual

culture that it

has spawned

surveys,

interviews,

forums, books,

and research

galore. In fact,

before it was

called "dirty

talk," the art of

saying sexual

things to your

lover with the

intent to

arouse had a

scientific name:

Lagnolalia.

There's good

reason for all

this scientific

interest. Over

80% of our sex

life takes place

in our heads,

meaning that

fantasy,

memory, and

desire are some

of the most

powerful

driving forces

behind

everything we

do behind

closed doors.

Studies have

shown that by

the time you

actually get

physical with

your partner,

your mind has

been leading

up to the

encounter.

So why not

go for the dirty

talk? It's been

in the back of

your mind all

day anyway!

According

to Aline P.

Zoldbrod, PhD,

the author of

more than a

few books on

naughtiness,

sexy talk with

your partner

not only revs

up play

between the

sheets, but

enriches your

life in ways you

never would

have imagined.

It makes your

partner feel

good to know

how excited

you are, and

your

excitement

makes them

feel like the

best lover in

the world.

That might

explain why

dirty talk

makes you

tingle in all the

right places,

but it doesn't

explain why

the naughtiest

dirty talk can

also be the

hottest. It's one

thing to say

"fuck" and get

a smile, but it's

quite another

to tell your

partner exactly

how you want

to fuck them, in

the most

graphic terms

you can

imagine. The

dirtier the

words, the

better. What's

up with that?

One word:

Taboo.

From the

time we're

young children,

we're taught

not to say dirty

words. Saying

naughty things

is not what

good girls or

boys do.

Breaking that

taboo with a

partner makes

you feel like

you're

breaking the

rules, and that

in turn makes

you feel more

adventurous.

*When the
bedroom door
closes behind*

you and those

dirty words

come out of

your mouth,

the societal

conventions

disappear. You

might blush

like mad, and

you might even

get a bit

paranoid and

wonder what

would happen

if anyone, God

forbid, heard

you talking like

this! You might

even get

flustered and

not be able to

Speak above a

whisper. That's

when you know

you've just

broken down a

barrier you

might not have

known was

there in the

first place.

The best

dirty talk kicks

open an even

wider door

with one very

important

question: If you

can talk dirty

in bed, what

else can you

do? Talking

dirty unlocks

doors you

never even

knew were

there!

Explicit talk

is a

confidence-boo

ster, too. Not

only does it

make him hot

to hear about

the things you

want to do

with him, it

also gives you

the satisfaction

of knowing

how

thoroughly

you've turned

your partner

on. The

naughtier you

talk, the sexier

you feel. That

sexiness doesn't

go away when

you leave the

bedroom, and

the confidence

you pull from

that spills over

into everything

else you do.

Most

importantly,

talking dirty

gives you the

chance to voice

what you really

want in bed,

whether it be

with flowering

language or

blunt and to

the point –

either way, it

increases your

chance of

sexual

satisfaction.

Zoldbrod

points out the

benefit of dirty

talk: it's a

proven fact

that women

who talk about

their sexual

needs have sex

more often and

are more

orgasmic. Who

wouldn't love

to test that

out?

The Most

Important Part

*Before you
embark on the
adventure of*

learning how

to talk dirty to

your partner,

keep the most

important part

of sex in mind.

No, it's not

your technique

in bed, even

that one

oh-my-god

move that

makes

everyone

you've ever

touched beg for

more. It's not

even the dirty

talk -- though

we would love

to say it is the

most

important

thing you can

do in bed, it

really does

rank a close

second.

What ranks

first? Intimacy.

Pure, honest

intimacy.

*There are
many
definitions of*

intimacy, but

when it comes

to romantic

relationships, it

all boils down

to the same

thing. Intimacy

is the feeling of

being close to

someone, that

warmth and

comfort that

comes from

knowing

someone well.

It's more than

just sex -- in

fact, you can

have intimacy

without having

sex at all.

Intimacy is the

emotional

connection and

response you

have to your

partner.

The hottest

tumble is

nothing

compared to

the sizzling

heat that

comes when

intimacy is

involved. Being

comfortable

with your

partner, eager

to please, and

ready to open

up a part of

yourself to him

is the key to a

great sex life.

But that's

just the start of

the good stuff.

As intimacy

builds, our

inhibitions

drop. The more

comfortable

you become

with your

sexuality, the

more likely you

are to embrace

every aspect of

it, even those

you might have

once

considered

taboo. In the

midst of deep

intimacy, what

was once

frightening can

be

empowering.

Talking dirty

is like sharing

a secret with

your partner,

one that only

the two of you

know and

understand.

When you're

out and about

in public,

presenting

your best face

to the world,

nobody but

your partner

knows how

naughty you

can really be.

*When you face
your coworkers*

or your boss or

doctor or

anyone else, for

that matter,

they have no

idea about the

true person

you become

when you are

in bed with

your lover.

*Your partner
is the only one
who sees all the*

hidden sides of

you. What a

thrill, knowing

there is

something so

special that

only the two of

you share, and

no one else

could ever

guess!

As you learn

to talk dirty, it

opens up a

whole new

world of

possibility. You

will probably

learn things

about your

partner that

you never

imagined, and

it's a sure bet

he's going to

learn quite a

bit about you!

Your

willingness to

talk dirty to

him shows him

how much you

want him, and

that leads to

enhanced

intimacy

between the

two of you. The

closer you feel

to your

partner, the

better your sex

life will be.

But even the

deepest

intimacy leaves

a little room

for shyness,

and that's

where this

book comes in

handy. Think

you're too shy

for dirty talk?

By the time

you're finished

reading this,

you won't be!

These chapters,

designed to

take you from

the dirty talk

basics to the

talking dirty

like a pro, will

get your mind

racing, your

heart

pounding...and

your mouth in

down-and-dirt

y gear.

Dirty Talk

Doesn't Have to

Be Filthy

*When you
hear the words
"dirty talk,"*

what is your

first response?

What do you

see in the back

of your mind?

*Chances are
when you think
of dirty talk,*

your first

thought is

something

you've seen out

of a porn film.

It's over the

top, maybe a

bit

embarrassing.

Maybe it's so

"out there"

that you can't

imagine doing

in your own

bedroom. On

the other hand,

maybe it's so

filthy that it

turns you on,

and that in

itself makes

you feel a

little...well,

filthy.

*You might
remember a
scene or two of*

a woman

talking

nonstop in the

dirtiest

language she

could muster.

Maybe even

thinking about

it makes you

blush. But

maybe it turns

you on at the

same time.

*When you
first begin to
explore dirty*

talk, you're

venturing into

an area that

has often been

considered

taboo. No

matter how

open-minded

you are, there

might be times

when you feel a

bit

uncomfortable.

But some

would argue

that a sign of

really good

dirty talk is

that it makes

you squirm in

your seat! After

all, if

everything

about sex were

comfortable,

what would be

exciting about

it?

Dirty talk in

that porn

movie might be

over-the-top

and corny. But

the dirty talk

you will learn

through this

book won't

sound corny at

all -- it will

sound sexy,

sophisticated,

and oh-so hot.

In other

words, don't

try to compete

with that porn

star. They are

reading a

script, being

fed their lines,

and real life is

not like that. In

real life, you

can be sexier

than any porn

star! It takes

some time to

get there,

however, so

take things

slow and start

with the basics.

First of all,

dirty talk

doesn't have to

be filthy. You

can show your

pleasure – and

rev his engine

to redline –

with the

sounds you

make. When

you moan in

pleasure, it

tells him he's

doing

something

right. When

you groan as

he enters you,

you're telling

him how much

you like the

way he feels

inside you. The

way you sigh

when you close

your eyes and

give in to the

sensation can

make him feel

like a king.

The sounds

you make,

whether it be

groaning or

screaming or

simply heavy

breathing, will

tell him

volumes about

how you feel

and what you

want him to do.

*The tone of
your voice goes
a long way, too.*

When you

whisper in his

ear, your voice

will be

roughened and

deepened by

the passion you

feel. That's a

natural

response of

your body to

his. There's not

a single thing

fake about that

sound that

comes from

your mouth,

and your lover

will recognize

it immediately,

in the way that

the most

primal

passions

unfold.

Though

sweet romantic

words and

hardcore

raunchy ones

both have their

place,

sometimes just

whispering a

sexy word can

be much more

effective than

just belting it

out in the

midst of

passion. Saying

how much you

love the way he

touches you is

good, but

murmuring it

into his ear is

better. Drop

little kisses

down his chest

while you

whisper that

you want to

taste him.

Simple words,

nothing

raunchy – but

the way they

are said, with

the sultry tone

of your voice, is

enough to light

up all his dials.

The

emphasis you

put on certain

words can

immediately

create an

atmosphere of

desire. “Touch

me here,”

makes it clear

where you

want his hand.

“My turn”

might be a

good way to let

him know you

want to be on

top. “Give it to

me” says,

without a

doubt, you

want

it...whatever

“it” might be.

Get creative

with the

simple, usual

words you use

in bed, and use

the emphasis to

make your

wishes clear.

*Here are a
few more “not
dirty talk”*

examples:

I love it

when you

touch me there.

Right there,

honey. That's

it. Right there.

Don't stop.

I love it

when you look

at me like that.

Do that

again...and

again!

You're so

good at this.

That makes

me melt...

I love the

way you feel

against my

skin.

Your body is

perfect.

Lay back

and let me play

with you for a

while!

You taste so

good.

You make

me feel so

good.

Tell me how

you want it.

I can't stop

shaking...I

want you so

much.

You make

me so hot.

My whole

body feels

alive!

How do you

do such things

to me?

Your body

turns me on.

*Watch what
you're doing to
me.*

*Do you have
any idea what
this does to*

me?

*Look in my
eyes when you
do that.*

I love the

things you can

do with your

hands.

You're so

good with your

tongue, baby.

I've never

felt anything

like that

before.

Do you feel

that? Feel how

you made my

body react?

*This is one of
the reasons I
adore you.*

Looking into

his eyes as you

say those sultry

things is

always a

turn-on. Men

are very visual

creatures, so if

they can see

what they are

doing at the

same time they

are hearing it,

the impact of

your words will

be so much

hotter.

They also

love to see

what is

happening

inside you, on

an emotional

level, where it

really counts.

What lover

doesn't want to

wow his

partner? By

looking into

your eyes as

you say

something to

them, they can

see how you're

feeling, too.

The

combination of

the physical

and the

emotional is a

heady one.

But that only

goes so far,

doesn't it? If

you're thinking

about talking

dirty, you're

probably

hoping for

something a bit

more

hard-core than

that. But

before we move

into that,

another thing

to remember:

The best

dirty talk is

made up of

words that

create images

in the mind.

The best dirty

talk should

paint a picture

of intimacy and

heat, one that

feeds on his

every desire

and creates a

living,

breathing

picture right in

front of him.

*Every word of
your dirty talk
should create*

those images,

and put you

right in the

middle of them.

You want to

be not only in

his bed, but in

his head as

well.

Start by

getting

comfortable

with your

sounds and

your emphasis.

*Then you're
ready to start
getting*

comfortable

with the more

intense dirty

talk that both

of you will love.

How Do I Get

There?

If you're

reading this,

you're already

on the right

track to

becoming

comfortable

with those

naughty words.

*Learning is the
best way to
overcome your*

fears, and this

book is meant

to help you do

that.

It's also a

good bet that

you're already

thinking a dirty

thought or two

as you read,

and that's good

– because it all

starts in your

mind.

*In fact, let's
start right now.*

Take the time

to think about

these

questions:

*What's the
sexiest thing
you can*

imagine?

*When you
think of your
partner, what's*

the one thing

about him that

turns you on

more than

anything else?

Think about

the last time

you had sex –

what was the

one thing he

did that you

enjoyed the

most?

What did

you do when he

did that?

Did you tell

him, with

words, or with

sounds, or with

the motion of

your body, how

much you loved

it?

How did he

respond?

*Think about
the sexual act.*

What do you

love most

about sex with

your partner?

Picture his

body. What do

you love about

it?

*What kind of
noises does he
make?*

Which

particular

noise or phrase

from him turns

you on more

than others?

You know

there are

certain things

he likes – what

are they?

Imagine them

in the most

vivid,

breath-taking,

heart-poundin

g detail you

can muster.

Are you

feeling hot yet?

If you are,

and you are so

inclined to go

further with

those thoughts

in your head,

now is the

time!

Masturbation

is a good way

to learn what

you want. Now

is a good time

to learn what

words turn you

on, and how to

talk about

what is

happening

when you're all

riled up.

Find the

time to crawl

into bed alone

and start to

play, doing all

the things you

might normally

do – only this

time, talk

about it. Say

the words out

loud. Nobody is

around to hear

you, so who

cares if you

sound corny?

Describe

what you do. If

you stroke your

thighs with

your fingertips,

say that. If you

rub your

breasts with

your hands, say

that, too. Are

your nipples

hard? Say it

out loud. Play

with different

words for body

parts. Touch

yourself and

name what

you're

touching.

This is a

good time to

figure out what

words feel

taboo. Does the

word “cunt”

bother you?

Does the word

“pussy” seem to

be a better fit?

Which is easier

to say? Which

one turns you

on more?

Which one

turns you off?

If you've

never said

those words

before, do it

now, and keep

doing it until

you decide how

you feel about

them.

*How would
you feel if your
partner used*

those same

words? Close

your eyes and

imagine it.

How would you

react? Envision

your partner

saying those

naughty words

into your ear.

How does your

body respond?

Find what

turns you on

and say it, over

and over.

Getting

comfortable

with saying it

to yourself is

only part of the

battle. You've

got to be ready

to say it to your

partner, too.

Worried about

how you might

look or sound

when you

launch into

your dirty talk?

Start by

looking into a

mirror and

talking to

yourself. Give

yourself that

sultry look

while you say

how much you

like having

your breasts

stroked. Blow

yourself a kiss.

Talk about

how it makes

you pussy

tingle when he

does that one

thing that

drives you wild.

Are you

laughing yet?

Good! Get

the giggles out

now, while it's

just you and

the chick in the

mirror. Get as

silly and as

naughty as you

want! In fact,

try to make

yourself laugh.

How

outrageous can

you get? How

far over the

edge of "out

there" can you

go? Have fun

with it!

At this point

it might seem

that talking

dirty without

laughing is

impossible, but

the more you

work at saying

those words

that make you

blush, the

easier it's

going to get.

Doing

something

once is hard;

but after doing

it fifty times,

suddenly it

seems much

easier.

*Some people
are concerned
about the way*

they will sound

if they try to

talk dirty. If

you're worried

about how

your voice will

sound when

you're hot and

bothered,

invest in a tape

recorder, or

use the voice

memo function

on your cell

phone to

record yourself

while you

masturbate.

Remember, no

one is going to

hear it but you,

and you can

erase it

immediately

after you listen

to it.

If you do

decide to do

this, take note

of how your

voice changes

as you get

more turned

on. That sexy

breathlessness

in your voice is

what will get

your partner

going! Say

whatever

comes to mind

as you do this,

including dirty

words. Get

creative! When

you play the

tape back,

think about

how sexy you

sound -- and

make note of

words that

sound

especially

delightful when

they come from

your trembling

lips.

Remember

what we said

before: doing it

once is hard,

but the more

you do it, the

easier it gets.

Practice,

practice, and

more practice

makes perfect!

Where to Get

Ideas

*When you're
at a loss for
dirty words, it*

can be hard to

know where to

start. It seems

like the "tips"

you find in

mainstream

magazines just

cover the most

basic words

and nothing

else. Of course,

they are often

bound by

editorial

commitments

and can't get

into the

nitty-gritty

dirty talk tips!

So where are

you to go when

the magazines

at the checkout

line let you

down?

Plenty of

places,

actually. You

might be

surprised at

how many

options there

are. Ideas for

good dirty talk

are

everywhere!

*Let's start
with the most
obvious: Porn.*

Good

old-fashioned

porn movies

are the master

manuals for

dirty talk.

*Hundreds of
actresses over
dozens of years*

have perfected

the naughtiest,

smuttiest, most

depraved talk

imaginable.

*There are
even porn films
dedicated*

*entirely to the
subject of dirty
talk, and those*

particular

movies might

use words that

you've never

even heard

before -- and

perhaps will

never hear

again. For all

the fun porn

can be, some of

those films are

dead-serious

about their

dirty talk!

If you're

looking for

advice on

talking dirty,

these movies

are chock-full

of experts.

Some of them

might be corny,

and some

might even

make you

laugh out loud,

but don't

discredit the

possibilities

they offer!

Some of the

ideas in porn

movies are

going to be far

too

over-the-top

for the

beginner, but

study them

anyway.

Better ideas

for dirty talk

will come from

reading erotic

stories. There

are anthologies

dedicated to

talking dirty,

and a few

minutes on the

internet will

bring up

thousands of

stories that will

inspire you.

Whatever you

want, you can

find –

everything

from phrases

good for gentle

and easy

lovemaking, to

hard-core

comments

suitable for

those moments

when you're

going at it hot

and hard.

Good erotica

should make

you think and

make you hot

at the same

time. It should

also be the

"readable"

kind of erotica,

something

suitable to be

read aloud,

with a slow

buildup to a

climax. This

allows you

plenty of time

to get turned

on while

reading, to let

your voice drop

to that sultry

growl, and to

entice your

partner into

getting horny

long before you

*turn to the last
page.*

*When you do
find an erotic
story to read,*

print it out (or

if you bought it

in an

*anthology from
the bookstore,
even better!)).*

Make sure the

story you

choose to read

doesn't go over

five pages or

so. That might

not seem like a

lot, but you

speak much

slower than

you read, so

five pages will

stretch out to

quite a while --

long enough to

get the party

started, so to

peak.

*When you're
looking for
dirty talk ideas,*

don't discount

your friends.

What? You

thought they

were angels

who never

entertained the

idea of some

nasty dirty

talking? Think

again!

Everybody

has one of

those friends

who seems to

have done it

all. It's the

friend who has

enjoyed sexual

encounters

most people

only dream of,

and lived to tell

the tale in vivid

detail. Now is

the time to give

that friend a

chance to help

you out.

Appeal to his

or her

expertise in the

sexual realm,

and ask for

advice on what

phrases are the

biggest turn-on

in the sack. You

might get more

than you

bargained for,

but you will

definitely get

some tips!

Also pay

attention to

that close

friend who

never talks

much about

their sex life.

Sometimes it is

the quiet type

who has a

regular Fourth

of July in the

sack! If they

are willing to

open up about

what they do in

bed, you can

find a ton of

surprises

lurking behind

that innocent

façade.

*The places to
acquire new
dirty*

vocabulary

words are

endless. Let's

recap a few

while

introducing a

few more:

Porn Films:

*These are the
gold standard*

for naughty

talk. To find

ones that

highlight what

you're looking

for, ask your

salesperson at

the local

naughty

bookstore, or

go online and

do a search.

Look for those

movies that

have "dirty

talk" or

"talking dirty"

in the tags if

you are

searching

online. If you

are going to a

sex shop to find

them, look for

movies that

focus on

dialogue.

Sexy

Mainstream

Movies: Hot

movies like

Lust/Caution

and Unfaithful

are good for

dirty talk ideas

that aren't

really dirty talk

at all. As an

added bonus,

you can watch

these movies

with your

partner and

get turned

on...but it's not

like putting in

a porn flick. It's

actually the

best of both

worlds!

Erotica: Find

it on the web,

or pick up a

book at a

major

bookstore.

Remember to

keep the

erotica short

and sweet. A

few good

options might

be Frenzy or

Got a Minute?

Both

anthologies

feature stories

that are short

enough to

make a quick

impression, but

long enough to

get the fire

going.

*Music: Some
of the sexiest
turns of phrase*

show up in

song lyrics.

What songs

turn you on?

Which songs

got your

attention back

when you were

first falling in

love -- or in

lust, as it were?

Go back and

listen to them.

You're bound

to find some

ideas hidden

there.

Open-minded

friends: You've

probably got

more than one

friend who is

keen to talk

about what

happens in the

bedroom, so

take him or her

into your

confidence. You

can get some

ideas from

somebody who

has tried them!

Don't be afraid

to share your

experiences

with them, too.

Sometimes it

takes sharing

to open up

doors to even

more sharing.

Phone Sex

Operators:

These are the

pros, and

nobody can

talk dirty

better than

they can. They

have heard it

all, so calling

them to ask for

tips won't be

shocking or

even out of the

ordinary. Most

of them will be

more than

happy to help

you out. But

keep in mind,

they are

making a good

living, and can

charge you

several dollars

per minute.

Internet

Research: Hop

on the Internet

and start

looking. Google

is your friend!

*Stay away from
obvious porn
sites and*

instead focus

on those places

that specialize

in dirty talk.

You found this

book, didn't

you? So you

were looking in

the right place

already!

As you find

more ideas

from other

places, you will

start to come

up with a few

on your own.

Creativity leads

to even more

creativity, and

that can result

in naughty

thoughts you

hadn't even

dreamed of

before you

started your

search for the

dirtiest talk.

Most

importantly,

take the time

to reflect on

the new

language you

are learning.

Focus on what

aspects of it

turn you on the

most. Ask

yourself some

questions

about talking

dirty.

Why do

those certain

words turn you

on?

Which ones

turn you off?

*What do
they trigger in
you?*

*How can you
change the
dirty words to*

fit your

desires?

How can you

take those

words that

work and make

them even

hotter?

*Here's an
idea to get you
started down*

the road of

making those

examples all

your own: Add

some

adjectives!

For instance,

if you like the

word “pussy”

maybe you'll

like “hot, wet

pussy” even

more. If you

like the idea of

whispering “I

love your cock”

into your

lover’s ear,

maybe you

would enjoy “I

love your hard,

throbbing

cock” even

more.

Try out

different

phrases. Some

might make

you laugh out

loud, some

might make

you roll your

eyes, but

eventually you

will stumble on

one that makes

your heart

pound. That's

when you know

*you've found a
winner!*

Setting the

Stage

Now that

you're thinking

about dirty

talk phrases

and the things

you can do

with them, let's

take a step

back and look

at a few things

you should do

before you

introduce that

naughty talk.

Good dirty

talk is a

whole-body

experience.

Sure, your lips

are saying the

words, and

your ears are

hearing them,

but what about

the rest of you?

Great dirty talk

should make

your heart

pound, make

your libido go

crazy, and

make your

partner long to

have you, again

and again and

again.

But no

matter how

good the dirty

talk, the setting

makes a big

difference. The

hottest dirty

talk will work

anywhere --

and we do

mean

anywhere! --

but the best

way to get the

full effect of

your

naughtiness is

to make

certain that the

stage is set

around you.

Like the star of

a play, you

need to have a

good set

design, and

then the

spotlight can

shine on you

while

everything else

fades into a

nice

background.

Spicing up

your love life

should be an

ongoing event,

not just a

one-time thing

that you

attempt to "see

how it goes."

*To that end, it's
time to take a
long look at*

your love nest,

at the way you

present

yourself, and

decide what

you want to

change.

*Why are we
focusing on
your bedroom?*

*There are a few
reasons. If
you're new to*

dirty talk, you

might want to

embark on

your new

adventure in a

comfortable

setting. And

let's face it --

no matter how

sexually

adventurous

you are, most

*of your sexual
encounters will
take place in a*

bedroom, on a

bed.

It just makes

sense to

feather the

nest where you

are most often,

don't you

think?

*You might be
one of those
very lucky*

people who

decides that

nothing needs

to change --

that the

addition of

great dirty talk

is all you need

to rev up the

sensual part of

your life. If

that's the case,

fantastic! But

take a look at

these ideas

anyway, and

decide if any of

them might fit

in well with the

good things

you are already

doing.

*Here are a
few ideas to
spice up your*

love nest and

set the stage

for something

more than the

usual. How

many of these

can you try

tonight?

*Change the
lighting.*

Changing the

lighting in your

bedroom

doesn't mean

you have to go

all-out. Simply

toss a thin, red

scarf over the

lamp shade for

an intimate

glow. You can

also opt for

special colored

light bulbs that

will have the

same effect.

Another

interesting

option is to

string a row of

white

Christmas

lights through

gauze netting

and arrange it

on the

headboard of

the bed. The

lights will cast

a delicious

glow on your

skin!

*Invest in
lingerie. The
only thing*

better than a

dirty-talking

vixen is a

dirty-talking

vixen in hot

lingerie. Find

out what your

partner likes

and aim to

please! Go with

something

skimpy and

sexy, or go for

the "innocent"

effect that can

be so hot while

talking dirty.

This is very

simple: Just

wear a basic

bra and

panties,

something

simple and

virginal white.

Sometimes it's

a real turn-on

to hear filthy

words coming

out of a sweet,

innocent-looki

ng mouth!

Smooth the

bed. Satin

sheets, silk

shams, fluffy

pillows, and

even soft down

quilts are

perfect for

dressing your

bed. After all,

this is where

the magic

happens -- this

is the place

that deserves

to be the most

comfortable

and

accommodatin

g place in the

entire house.

Mood music.

The music you

choose should

play in the

background,

but it should

not overpower

your words.

Stick with

something very

general. You

never know

when you

might choose

to break out

the hardcore

dirty talk, and

you don't want

a Celine Dion

power ballad

playing behind

that kind of

action, if you

catch the drift.

Easy-reach

basket. Put the

necessities of

*lovmaking in
this basket and
place it by the*

bed. Lube,

condoms (if

you use them,

of course),

small props

(such as your

vibrator, anal

beads, etc.),

and anything

else that might

be helpful

when the mood

is right.

Perfect

perfume. You

want your

partner to

remember the

moment, so

make sure to

use the sense of

smell. Our

sense of smell is

closely tied to

emotional

response --

that's why you

are so

comforted

when you smell

the scents of

baking, or a

fragrance that

reminds you of

your childhood.

Use that

tendency to

your

advantage by

choosing

perfume that

screams "YOU"

and spritzing it

on the pillows,

blankets,

sheets, curtains

-- and of

course, on you.

Do this well

before the

moment you

get it on,

however, so the

scent doesn't

overpower.

Don't forget

the rest of the

house! When

you get into the

serious

hardcore dirty

talk, you might

choose to

explore other

parts of the

house to fulfill

your fantasies.

Take a look

around now

and decide on

things that

might make

that easier. Do

you need a few

extra pillows

on the couch?

Is there a nice

throw rug on

the kitchen

floor to make

things easier

on the knees if

you decide to

get down and

dirty right

there?

*Remember,
when the little
details are*

taken care of,

you can relax --

and the more

you relax, the

more likely you

will be to rev

up that dirty

talk engine.

Putting

Words in Your

Mouth

By now you

should have a

good store of

ideas for

talking dirty.

You've set the

stage and

made your love

nest perfect for

trying out

something new.

Now, it's time

to start setting

the

atmosphere.

It isn't easy

to jump into

anything, much

less into

something so

intimate. It's

best to ease

your way into

it, and here are

some foolproof

ways to get the

fire started.

If you haven't

talked dirty to

your partner

before,

surprising him

with it might

be more of a

turn-off than a

turn-on. Think

about it: how

would you

react if your

lover suddenly

whipped out

some dirty talk

on you and you

had no idea it

was coming?

You might have

more questions

than sexy

thoughts.

That's why

it's important

to take slow

steps toward

what you really

want. What

happens

outside the

bedroom has a

huge impact on

what happens

behind closed

doors, so start

by weaving

subtle hints

through your

day.

*Show him,
through your
actions and*

comments, that

you're

interested in

dirty talk. Once

you are in the

mindset of

searching for

opportunities

to think dirty,

those

opportunities

will seem

endless. Be

ready to jump

on any chance

you see to drop

those subtle

hints!

*Here are a
few simple
ideas:*

*When you're
sitting in a
movie theater,*

take his hand

during the sex

scenes. If you

hear a dirty

word, squeeze

his hand

harder. Make a

point of letting

him know it

interests you.

*When you
see a sex scene
on television,*

make a

comment

about it. A

simple “that

looks hot” will

let him know

you liked what

you saw.

*Mention a
study you read
about on the*

Internet –

“Honey, I read

somewhere

that most

couples don't

talk during sex.

Do you think

we talk

enough?”

*Leave an
erotic story out
on the bedside*

table where

you know he

will see it.

If you

overhear

something that

could be

construed as

slightly

naughty, give

your partner a

wink and a

grin. If he

doesn't catch

on, explain why

you were so

amused.

Use

adjectives that

describe

everyday

things in a

not-so-subtle

way. For

instance, if you

are on the

beach and you

ask him to put

lotion on your

back, smile and

comment on

how "smooth"

and "soft" and

"wet" that

lotion is. Use

your most

sultry voice

when you do

SO.

Try the more

direct

approach.

Brush up

against him

every chance

you get, and if

you feel his

body respond,

look him in the

eye and say,

"Hard day?"

Once you

have his

attention with

your subtle

moves, try

something a bit

more obvious.

Keep in mind

that just as

good dirty talk

doesn't happen

overnight,

neither does

setting the

mood! You can

take days or

even weeks to

prime your

lover for the

dirty talk you

are both going

to enjoy.

Easing into it is

key to making

it oh-so good.

So consider

moving from

subtle to

spelling it out:

You know

how a love note

makes you

melt; why not

do the same for

him? Grab a set

of post-it notes

and write

messages

meant for his

eyes only.

*Put a note in
his briefcase,
on top of*

important

papers, where

he's sure to see

it. Stick a note

on the steering

wheel of his car

and start his

engine first

thing in the

morning. Tuck

a little note

into the pocket

of his slacks, so

he can find it

when he's

reaching for

change at the

coffee shop.

What to say?

That's where

your dirty talk

begins!

Telling him

you love him is

good; telling

him you want

him is better.

Tell him how

sexy he looks in

that shirt.

Something

quick and

sweet, like

“Miss you,

stud!” will

make him grin.

Tell him he

smells great, or

compliment

him on the

color of his

eyes. Men love

to hear those

sweet nothings

just as much as

women do, so

give him a ton

of them in your

handwriting.

*Want to be a
bit more
adventurous? A*

note in his

briefcase that

simply says

*“I’m not
wearing
panties” just*

might distract

him all

morning. Or a

note saying

“I’m buying

sexy new

panties today”

will work well

for that

((Zackery))

with the

lingerie fetish.

*Make a list
of the things
that trigger*

your man's lust

– you know

what they are!

– *and write*

notes sure to

push his

buttons.

It's always

easier to write

down dirty

thoughts than

it is to say

them out loud,

so make sure

you're still

practicing the

naughty things

you want to

say in bed. In

the meantime,

get more

explicit with

your notes.

Perhaps write

something

about a sexual

act. For

example, “I

would love to

get down on

my knees in

front of you

right now”

paints a very

clear picture,

and his mind

can envision

what you

would be doing

down there.

*If you don't
have to worry
about anyone*

intercepting

his mail at

work, send him

an

old-fashioned

love letter. Pick

out a naughty

card at the

store and fill it

with your own

sweet nothings.

Or if you are in

the mood to be

a bit more

tender, pull out

your stationary

and tell him

how much he

means to you.

As an added

touch, be sure

to give it a

little spray of

his favorite

perfume before

you tuck it into

the envelope

and send it on

its way.

*Once the
notes get his
mind racing,*

you can up the

ante. Send him

an email with a

sweet love

note. When he

responds, send

something a bit

more explicit.

Let him lead

the way, and

you might be

surprised by

how fast he

wants to go!

Get steamier

with every

back-and-forth

until you're

writing things

that stretch the

limits of your

comfort zone.

But remember,

it's easier to

say those

naughty things

on paper or on

a screen. So

this is not the

grand prize!

Instead,

consider it a

test-run for

how your

partner will

react to the

new language

you're going to

introduce into

your sex life. If

he responds

with a positive

attitude, you

know you're on

the right track.

Phone calls

work wonders,

too. Subtle

dirty talk and

teasing on the

phone allows

you to get him

riled up, but it

still keeps a

physical

barrier

between the

two of you,

making the

intimacy of

dirty talk much

less daunting.

*Start by
calling your
partner during*

a time when

you know he

won't be able

to answer the

phone. Leave a

steamy

message on his

voice mail.

Even

something as

simple as “I

can’t wait until

you get home”

will trip his

trigger – as

long as it is

delivered in the

sultriest voice

you can

manage.

Maybe

describe what

panties you're

*wearing. If you
must attend to
the realities of*

everyday life

and call him

with a

shopping list,

slip something

interesting into

it: “Honey, we

need eggs and

milk from the

store...and

maybe a bottle

of wine...and

while you're at

it, get one of

those cans of

whipped

cream. I'm

going to use it

on you later.”

Even if it's

delivered in

your normal

tone of voice,

that's going to

make him do a

double take!

He will

probably call

you back when

he gets your

message, so be

prepared to

raise the

naughtiness

factor. If he

asks you what

got into you,

tell him you

want him to

get into

you...when will

he be home?

Talk to him

when he's

sitting in

traffic. Tell him

what you love

about him, or

better yet, tell

him what made

you want him

the very first

time you went

to bed

together.

Cashing in on

those sensual

memories will

get him

thinking about

having you in

bed – and

that's exactly

what you want

on his mind.

When he

does get home,

there are still

plenty of ways

to ease into the

dirty talk.

Remember

those erotic

stories you

looked for

while

researching

what to say in

bed? Now is a

good time to go

back to those.

Find stories

that tease with

your favorite

fantasy, and

make sure they

have plenty of

good

description in

them. If it

makes you hot

when you read

it to yourself,

it's likely to be

even hotter

when you read

it aloud. And

what better

way to bring

all that

intimacy into

the bedroom

with you, than

to begin with

sharing the

words of a

well-seasoned

professional

writer?

Maybe leave

the book on the

bedside table

for a few days.

Give him a

chance to

notice it. If he

mentions it,

open the book

to where you

already have

the bookmark,

waiting for this

moment. Tell

him what it's

about, and

read a brief

passage.

*Watch his
reaction. If he
likes it, keep*

going!

You might

blush like mad

as you read

these things to

your partner.

After all, this is

entirely new,

and you're not

sure how he's

going to react.

But keep in

mind that men

are very visual

creatures. They

love to watch.

Seeing you

blush as you

read the story

will tell him

not only that

you're shy

about it, but

that you're

excited about

it, too.

Keep

reading, and

let him watch

you while you

do it. If the

story makes

you hot, don't

try to control

your breathing,

and don't try to

play it cool.

The whole

point is turning

up the heat,

and you're

doing it with

your words.

Remember:

if it gets you all

hot and

bothered, it's

probably

making him

feel sexy, too.

And who

knows where it

might lead?

You've sent

the letters.

You've made

the calls.

You've left the

subtle – and

maybe not so

subtle! – hints

all over the

place. You've

worked on

your dirty talk

in front of the

mirror, and

maybe you've

even talked to

a friend about

what to say to

your lover.

Now you're

in bed with

him, reading

that naughty

story, or maybe

creating a

story of your

own. You're

well on your

way to making

things hotter

than ever!

Creative

Images in

Everyday Life

Now that

you've crossed

those first

hurdles in

introducing

dirty talk into

the bedroom,

why not keep it

up? There's

always room

for

improvement!

*Talking dirty is
a whole new
language, and*

like any new

language, it

takes time to

master the art.

Dirty talk is

all about

words, and

those words

are all about

creating

images in your

lover's mind.

The bedroom

isn't the only

place where

you think

about sex, so

why should it

be the only

place you talk

dirty?

Try it

somewhere

else, using

what you've

got to work

with, and you

can light the

sensual fire

without

removing a

stitch of

clothing.

Naughty

thoughts can

be kindled in

the most

unlikely or

mundane

places. What

about the

center of your

home, for

example – your

kitchen? The

kitchen holds a

wealth of

possibilities for

getting your

mind in sexy

gear. Perhaps

show him, with

your actions

and your

words, where

your mind goes

when making

dinner. Here's

an example:

Catch his eye

and gently

stroke the

cucumber you

plan to cut into

his salad. Got a

tomato? Make

a point of

picking up a

big chunk and

taking a bite,

letting the juice

drip onto your

lips, then suck

it off. Maybe

this is a good

time to tell him

how “juicy” and

“tasty” and

“rich” it is.

Perhaps

licking that

dollop of cream

from your

thumb and

giving him a

wink will get

his attention.

“It tastes so

sweet – almost

as sweet as

you,” will get

his mind going

in the same

direction as

yours!

*Try it while
working out in
the yard. If he's*

digging a hole

to plant those

new trees in

the backyard,

make a

comment on

how deep the

hole needs to

be. “It’s

supposed to be

about twelve

inches, right?”

Then turn your

innocent

comment into

something

raunchy. “You

know I like it

deep.”

When he

looks up at you

in surprise,

give him a

wink and go on

about your

business!

*Shopping at
the local
department*

store holds

endless

possibility for

thinking

naughty

thoughts.

Anything

shaped like a

penis is fair

game for

fondling. The

food aisles

have one

decadent item

after another.

Even the

kitchen utensils

can get things

revved up.

Grab a spatula

from the rack

and slap it

against your

hand. “This

would make a

great mark on

my ass,” you

might whisper

in his ear.

Murmur

about how

naughty things

could happen

in a place like

this. Get his

mind moving,

and soon he

will be the one

saying things

to make you

blush!

*What else
works? Here
are a few*

scenarios and

suggestions.

What else can

you think of to

make them

dirty?

*Taking a
breather in a
quiet corner at*

the family

reunion. What

better time to

make naughty

innuendo? He

will be

surprised, and

more than

likely, won't be

able to wait

until bedtime.

*At a friend's
party. When
everyone is in*

the middle of

talking about

their lives, lean

over to your

lover and

quietly whisper

that you forgot

to put on any

panties. Then

give him a

mega-watt

smile!

*Watching a
play in a
darkened*

theater.

Whisper words

into his ear

about the

characters

onstage. Make

them entirely

inappropriate.

*Driving to an
appointment
together. You*

can lube his

engine by

talking about

engines. Want

to get really

creative? Point

out good spots

to make love

along the side

of the road.

Talking

during a long,

leisurely lunch.

*Take your time
and enjoy your
food, especially*

the dessert. Let

him watch you

eat, and make

sure your

gestures speak

to the

sensuality of

the food. When

you eat a piece

of that

chocolate cake,

lick off the tiny

crumbs. When

you take a

drink of your

water, swallow

slowly while

looking into his

eyes.

At the

movies – in a

row all by

yourselves!

During the sex

scenes, whisper

into his ear

how much you

would love to

be doing that

right now. Or

remind him of

the days when

you used to

make out in the

theater in the

back row...he

might want to

give it a shot

again.

*Riding in an
elevator. You
can make*

references to

going

down...or

something on

the rise.

*While on an
airplane.
C'mon, this one*

is too easy!

Everybody

wants to join

the mile-high

club, right? Ask

him if he's

flexible enough

to get it on in

the bathroom,

and challenge

him to find out.

Surfing

online. Go to a

naughty sex

shop site and

start clicking.

Ask your

partner what

he thinks of

this...or

that...and that

one, too!

Standing

together in a

sea of bodies at

a concert.

What better

time to rub

against him

and whisper

naughty things

into his ear?

After all, you're

surrounded by

lots of people

who are doing

the exact same

thing.

A midnight

walk to the

park. The

possibilities for

sex in a park

are endless. Sit

down on the

picnic table

and start

naming off the

ideas in your

head. You

might find

yourself

spouting

naughty words

while you get

busy on the

merry-go-roun

d!

Dirty talk

doesn't always

have to be

hard-core.

Start out slow

and easy, with

innuendo

rather than

words that

make you

blush. The

more he

responds to

your teasing

comments, the

braver you will

become. By the

time you're

comfortable

with innuendo,

he will be

ready to move

on to the more

serious dirty

talk -- and that

exactly what

you want him

to do, isn't it?

Fine-Tuning

Your Bedroom

Talk

You've built

intimacy

outside the

bedroom, and

you've made

your thoughts

on dirty talk

very clear by

now. You've

gotten creative

with love notes

and you've

made some

sexy phone

calls. You've

both been

swept away by

the teasing and

innuendo from

time to time,

and now you

are both

walking with a

little bounce in

your step.

You've even

tried reading

erotica to him,

and succeeded

in getting you

both turned on

with the words.

*But those
were someone
else's words.*

Now it's time

to start

creating your

own.

Don't know

where to

begin? You're

not alone. But

by this point,

you should

have a pretty

good idea of

what works for

your partner.

Better yet, you

have a good

idea of what

works for you.

You know what

turns you on,

and you know

what works for

both of you.

Keep that in

mind as you

decide what

you're going to

say to your

partner to

break that

dirty talk ice.

*Start with
descriptions of
his body.*

Remember, it

doesn't have to

be hard-core!

*Here are a few
suggestions on
where to begin:*

*Tell him how
strong he is.*

Tell him how

much it turns

you on when

you look at his

muscular arms,

or his trim

waist, or his

long, sexy legs.

*Does he have
a hairy chest?*

Tell him how

much you like

to tangle your

fingers in it.

*Does he have
long hair? Tell
him how much*

you love to

watch it fall

around his face

when he makes

love to you.

Does he have

broad

shoulders?

Describe how it

feels to hold

onto them

while he's

moving above

you, how he

makes you feel

safe and

secure, or how

his size makes

you feel

submissive.

Tell him

about looking

down at him

when you're on

top, and how

much you love

to see the

pleasure in his

eyes.

You should

have no

problem

finding those

things you love

about your

lover's body.

There's a

reason you love

to go to bed

with him, and a

reason you

want to make

your sex life

even hotter --

you've got one

hell of a

((Zackery))! So

tell him that,

and everything

else that comes

to mind about

how wonderful

he is.

Get a little

more explicit

as things heat

up. Now is

when you can

point out more

intimate things

about him, and

use them to

fuel your dirty

talk. Here are a

few more

explicit

suggestions:

*Tell him how
much you love
to feel him*

inside you.

Moan about

how thick he is,

or how long, or

how he fits you

just right.

*Tell him how
much you love
it when he*

works magic

with his fingers

– between your

legs, over your

nipples,

anywhere on

your body.

Tell him how

hard your

nipples are.

*Ask him if he
can feel how
wet you are.*

Remind him

that he's the

one you've

been

fantasizing

about all day.

*Ask him to
talk to you, too.*

What does he

like to feel

when he's in

bed with you?

What is his

favorite

position? What

does he like to

see you do?

What is his

ultimate

fantasy? What

was his

favorite

moment out of

all the times

you have made

love? What

made it so

special?

Prompt him a

bit if he's shy,

and he will

start to

reciprocate

with his own

thoughts.

If he's really

into talking

dirty with you

by now, this is

when things

could start to

get a bit more

hard-core.

What fun!

*Here are a
few questions
to get you*

started.

Whisper them

into his ear at

the

appropriate

time and let

nature take its

course:

Do you like it

when I get on

top?

Do you ever

think about

being tied up?

Would you

rather do it

with the lights

on or off?

Tell me why

you like it that

way.

*What's the
one thing we've
never tried*

that you really

want to do?

What do you

want me to do?

*What's your
favorite thing
to do to me?*

*When do you
come harder?*

When you're

standing up, or

sitting up, or

lying down?

Do you like it

when I do this?

*What do you
want me to
wear tonight?*

Another

surefire way to

start the dirty

talk is to

describe what

he's doing to

you. If he slips

his hand

between your

*legs, that's a
good time to
whisper how*

much you like

it. “I love it

when you

touch me

there” is good,

but “I love it

when you

touch my

pussy” might

be better.

Gauge his

reactions to

your words,

and adjust

them

accordingly.

If “pussy”

turns him on

and you’re not

opposed to the

sound of it, try

using “cunt”

instead. If that

gets him going,

use it again,

only with more

emphasis. Now

is the time to

use your new

vocabulary!

Add a bit

more. Perhaps

he loves to hear

the word

"cunt," and

maybe you like

it, too. So try

something to

describe it a bit

more. "Tight

cunt" or "wet

cunt" or

"slippery cunt"

might be good

things to try.

*Then put it into
a sentence. "I
love it when*

you touch my

hot, wet cunt."

Describe

what you're

doing to him,

too. Remember,

creating

images is what

dirty talk does

best, and you

want him to

see the fantasy

before you

make it a

reality. “I’m

going to taste

you” is a good

way to let him

know you're

going to

perform oral.

“I’m going to

go down on

you” is better.

“I’m going to

suck your cock”

is even better

than that.

Is he hard? Is

he throbbing?

“I’m going to

suck your hard,

throbbing

cock” is the

blunt, honest

truth.

Then do it!

The fantasy is

already in his

head, and

feeling you do

exactly what

you said you

would is going

to be a huge

turn-on.

Besides that,

the next time

you talk dirty

to him, he will

remember that

you did exactly

what you said

you would --

and that will

fuel his

fantasies the

next time

you're talking

to him with

that naughty

mouth of yours.

Most of all,

be confident.

You already

know he likes it

when you do

certain things.

Maybe he loves

the way you go

down on him.

You don't have

to ask him if he

likes it – you

already know

he does. “You

like the way I

suck your dick,

don't you?" can

be a taunting

challenge.

*“Yeah, I know
you like that.”*

What other

things might

you say to turn

him on even

more?

Taking it

Further: Phone

Sex

*If you have
ever been in a
situation*

where your

lover was a

thousand miles

away from you

-- or even just

down the street

-- and you were

too horny to

think straight,

you can grasp

the appeal of

phone sex.

Having sex on

the phone is

the original

form of dirty

talk!

*People have
been having
phone sex for*

as long as the

phone has

existed. In the

early days,

when phone

lines were

called "party

lines" and

several people

could listen in

at once, it was

probably a bit

daunting to

attempt phone

sex. But you

can bet

someone, at

some point,

gave it a shot --

and you can

bet that was

one blushing

operator who

had the

pleasure of

listening in!

Flash

forward to

around 1980,

when someone

realized they

could make

money through

phone sex. The

first phone sex

hotlines went

live. All it took

was a phone

call and a

credit card

number, and

phone sex was

yours for the

taking. In the

late 1980s, the

900-number

was

introduced,

and phone sex

became a quite

popular hobby

for some. With

900 numbers, it

was easier

than ever to

explore fetishes

or find the kind

of dirty talk

you desired, all

with the simple

touch of a

button.

The phone

sex industry

did a booming

business, and

continues to do

so today,

despite the

advent of the

internet and

free calling

plans to

virtually

anywhere in

the world. Now

that phone sex

has become

more

mainstream

and accepted,

the thought of

someone

having it isn't

as shocking as

it once was.

Phone sex

used to be

something

shameful, a

kind of sex that

was paid for,

only one step

above

prostitution.

When it was

used in

conjunction

with a long

distance

relationship, it

was kept very

quiet, in hopes

of not sullyng

the reputations

of those who

had given in to

their desires.

But now that

long distance

relationships

are fostered by

the internet

and travel for

business has

become almost

the norm,

phone sex has

become an

accepted and

even expected

act for those

who cannot be

together in the

physical sense.

Have you

ever tried

phone sex? If

you haven't,

now is the

time! As we

said earlier,

phone sex is the

original form

of dirty talk.

You can't use

the motion of

your body to

seduce your

lover, and you

can't give them

pleasure by

touching them.

All you have

are your words

and those

delicious

sounds that

come when

you're turned

on. But when it

comes to phone

sex, that is

more than

enough to

make it work

for both of you.

Don't know

how to get

started? Many

people don't.

You might

think the idea

of phone sex is

all well and

good, but when

you do get your

partner on the

phone, you

might be so

tongue-tied

that you can't

think of what

to say, much

less how to say

it.

Here are a

few tips to

make those

first moments

easier. After

that, things

should just

happen

naturally.

Get started

before you call.

Look at porn,

read erotica,

play with your

vibrator -- do

whatever you

usually do to

get all hot and

bothered when

you are alone.

When you are

on the edge of

breathless, pick

up the phone.

*Choose your
time. If you
really want*

phone sex but

you know your

partner is in a

meeting and

they simply

cannot get out,

you might be

out of luck at

the moment.

Try to plan

your phone sex

for a time

when you know

your lover will

be alone, or at

least in a place

where they can

listen to you

without being

interrupted.

Set the

mood. Phone

sex is a very

real kind of sex.

So prepare for

it just as you

would prepare

to meet your

lover at the

door! Wear the

sexiest lingerie,

something that

makes you feel

like a queen.

Light a candle,

turn down the

covers, and

have your sexy

toys ready to

help you out.

Charge it up.

It might sound

like a very

simple thing,

but it's

important.

Charge your

phone before

you make that

call! There is

nothing more

frustrating

that being

right on the

edge of a good

orgasm and

hearing that

annoying "low

battery" beep.

While you're at

it, turn off your

call waiting.

That's a

beeping sound

you don't want

to hear either!

Be ready to

give. What if

you call your

partner while

they are sitting

in traffic? They

might not be

able to

participate

physically, but

they can

certainly listen

to you as you

do your

thing...you

naughty,

naughty dirty

talker!

Speak in a

low, sultry

growl. Your

voice can

sound even

sexier on the

phone than it

does in person!

If you pitch

your voice a bit

lower, you will

sound more

seductive, and

your phone sex

partner will

eat it up.

Push his hot

buttons. You

know what

turns your

lover on, so

capitalize on it.

Now is the time

to spin a

fantasy that

will paint a

vivid picture in

their head.

Talk your way

through it,

from the

opening tease

to the closing

climax.

Tell him

what to do.

Phone sex can

be a great time

to order your

partner

around, and

who doesn't

love having the

pressure off for

a while? All

your lover has

to do is follow

your

suggestions

until they get

off. Very few

things beat the

feeling of that,

don't you

think?

Get

hardcore.

Crude, raunchy

words are the

best when it

comes to phone

sex. If you are

the shy type, it

might seem as

though you

can't get past

that barrier

that keeps you

tongue-tied,

but phone sex

might surprise

you.

Get your

own. Phone sex

is about

sharing

fantasies and

getting off to

them -- but it

doesn't mean

it's all about

him. It can be

all about you,

too! Touch

yourself while

you talk dirty

to your partner

over the phone.

Let yourself

come -- and let

your partner

hear it. There

are few things

sexier than the

sound of

someone

reaching the

ultimate

pleasure, and

your lover will

be happy to

share that

moment with

you.

*Phone sex is
great for those
who feel a bit*

inhibited about

their dirty talk.

If you aren't

quite ready to

try it in a

face-to-face

situation,

phone sex gives

you the perfect

opportunity. If

you get

uncomfortable,

you can stop

the phone sex

abruptly, and

you don't have

to be bashful

about it. If you

want to try out

something

extra raunchy,

you can do it

without letting

your lover see

you blush and

tremble.

If you need

to ease into

things, phone

sex offers a

level of comfort

that you can't

find when the

barriers are

down and that

person is

standing right

in front of you.

Those who

are in

long-distance

relationships,

and especially

those who have

phone sex

before they met

in person, often

have a much

easier time

with getting

their sex life in

tune with one

another. Why?

They have

already

touched on the

intimacy that

phone sex

provides. They

already know

what turns the

other person

on, and they

have had time

to explore

fantasies,

dreams, and

desires through

a

non-threatenin

g medium.

For those

who are able to

see each other

every day,

phone sex adds

a new

dimension to

their

lovmaking.

The tease can

be drawn out

over the span

of the entire

day, not just

from the

moment he

walks in the

door after a

hard day at

work. A quickie

during the

noon hour,

with the door

closed and

locked, makes

phone sex quite

an appealing

option for both

of you!

When you

think of phone

sex, you

probably think

of having your

partner on the

phone with you

while you are

doing naughty

things and

spinning those

fantasy tales,

but there are a

few other

dimensions to

phone sex you

might want to

consider.

If you call

and your

partner doesn't

answer the

phone, what do

you do? You

leave a dirty

message! It can

be something

very simple,

just a basic "I

want you now"

kind of tone,

one that will

get his

attention and

make him

smile.

Or it could

be something

much more

raunchy. If

you're really

brave, you

could

masturbate to

the point of

orgasm, and

then call your

partner and

leave the

sounds of your

climax on

voicemail. It

helps if you

have an idea of

how long the

voicemail will

record -- some

will handle

only thirty

seconds, while

others handle

up to five

minutes or

even more,

depending

upon their

phone service.

Be sure to end

the call with a

giggle and a

kiss before

hanging up the

phone.

But talking

on the phone is

not the only

form of phone

sex. There is

another, more

modern

form...and it's

not just for

teenagers

anymore!

Make it

Quick! Dirty

Texting

*Don't have
the time or the
inclination to*

talk on the

phone when

you're feeling

naughty? Dirty

texting is all

the rage, and

for good

reason. Dirty

texting can be

done

anywhere,

anytime,

without much

risk of anyone

finding out

what you are

doing.

Certainly no

one can

overhear you

when you're

texting!

*Also known
as "sexting" (a
combination of*

the words "sex"

and "text"), the

trend toward

using phone

text to get

naughty with

your partner

started many

years ago.

Teenagers

were the first

to realize they

could send

naughty text

messages, and

as long as they

kept their

phone private

or deleted the

messages when

they were

done, no one

was the wiser.

After all, most

phone services

do track how

many text

messages you

send, but they

don't track

what you say!

But now the

trend has

widened to

include

everyone, even

older adults.

According to a

recent study by

the AARP, baby

boomers love

technology --

and they are

taking

advantage of

sexting simply

because it's

downright fun.

And of course,

most cell

phones these

days have the

ability for

texting, so it's

very simple for

anyone to do.

But where

do you begin?

Sexting might

be catching on

like wildfire,

but for those

who haven't

dealt with it

before,

knowing what

to say and how

to say it can be

rather

daunting. Here

are a few tips:

Start out

very simple. In

fact, start out

with basic

conversation.

Ask how their

day was. Tell

them you are

thinking about

them. Ask what

they might like

to do when you

are together

again. Tell

them that you

want them.

Anything short

and sweet,

something to

break the ice

and become a

bit more

intimate.

*When you
have warmed
up to texting*

with your

partner, get a

bit more

suggestive. "I

can't wait to

see you" is a

good one, and

so is "I miss

having you in

our bed."

Gauge the

response you

get by how

enthusiastic it

seems. If they

respond in

kind, you're

being invited --

and even

encouraged! --

to keep the

conversation

moving into

more naughty

territory.

*Keep the
texts short. You
probably have*

a lot to say, but

you don't have

much room in

which to say it.

The shorter

your texts are,

the less time

you spend

typing -- and

that means you

hit the send

button faster.

*The texts show
up on your
partner's*

phone at

regular

intervals,

instead of with

long pauses

between each

one. This helps

keep the fire

hot, especially

*when you're in
the middle of a
good fantasy.*

If they ask

for more, start

telling them

about your

latest fantasy.

Start out easy,

with soft and

tender words,

then move into

the raunchier

set when it is

clear your

partner is

wanting

something

more.

*Want to
spice things up
and simply*

surprise your

partner into a

smile? Send a

raunchy text

right off the

bat. This is

especially

effective if you

are the shy

type and have

trouble easing

into dirty talk

with your

lover. They will

be very

pleasantly

surprised by

your naughty

foray into the

texting world!

*When you
are in the
mood to text*

dirty messages

to your

partner, don't

hesitate to use

the common

texting

abbreviations,

such as "U" for

you or "c" for

see. This will

make things go

faster, and the

dirty talk will

have the same

effect!

*If you want
to spice up the
dirty texting*

even further,

you can always

send photos of

yourself, taken

with your

phone. Simply

use the camera,

then click on

the options

feature and hit

"send."

*Be sure you
are sending the
photograph to*

the right

person, and be

sure this is a

person you can

trust. Often

explicit photos

wind up being

passed around

or shared with

friends, and

might even

wind up on the

internet, where

anyone can see

you in a

compromising

position. So

have fun, but

be careful!

Keep in mind

a bit of

housekeeping,

however.

Remember that

when you

receive or send

a text, it is

saved on your

phone. If your

phone is used

by someone

*else, even in the
most innocent
manner, they*

might hit a

button that

allows them to

see your photos

or text

messages. If

this is a

concern for

you, be sure to

delete the

messages and

photos you

*have sent and
received. If you
want to save*

them, look into

how you can

download

information

from your

phone to your

computer, and

put them on a

disk or your

hard drive

before you

delete them.

*Clearing out
your texts and
pictures*

periodically is

a good idea

anyway. If you

lost your phone

and it was

found by an

unscrupulous

character, all

of your

information

could wind up

on the internet

-- or those

naughty

pictures could

*be sent to every
person in your
address book.*

It sounds like a

nightmare, but

it has

happened

before, and it

will probably

happen again.

Just don't let it

happen to you!

*Now that the
housekeeping
is out of the*

way, start

planning your

first dirty talk

text! What will

you say? How

will you say it?

What fantasy

will you spin

for your

partner?

Sometimes the

anticipation

and planning is

just as good as

the sexting

itself!

Playing

Online:

Cybersex and

Email

Phone sex

and texting are

not the only

routes to a

good dirty talk

time. Have you

ever teased

your partner

through a

naughty email

flirtation?

Email

messages back

and forth can

spin a tale that

lasts for

months. Email

forces you to

slow down and

take your time

in writing what

you want to

say. Much like

writing a love

letter with pen

and paper,

email is the

slower version

of the texting

craze...and it

can be just as

powerful.

*When you
are talking
dirty though*

email, it's best

to take it slow

at first and test

the waters.

Your email

partner might

be at work, or

in a situation

where naughty

emails could be

intercepted by

someone who

shouldn't see

them. In that

case, taking it

slow is the

prudent way to

go.

*Trust your
partner to lead
you into the*

dirty talk

themselves. If

they want

more, they can

invite you to

say more. If

they tell you

they are the

only one who

reads that

email account,

for instance,

you know that

you can say

whatever you

*like! If you are
talking to your
partner and*

you know

you're dealing

with a work

email, maybe

you can get

away with a

tease or two,

but little more

than that.

It all

depends on the

situation, but

you should

always be

certain of the

situation

before you

jump into the

naughtiest bits!

Once you

know the

situation, let

your dirty talk

begin!

Sexy emails

are a great

way to liven up

the day and

keep your

partner

thinking about

you while he's

away. You can

start very

simply and

remind them of

what you did

together last

night. Or you

can talk about

anticipation,

and say that

you can't wait

until they get

back so you

can do it all

again!

If you want

to go further,

consider

writing an

erotic story in

a series of

emails. You can

make it all

about your

partner. Create

a fantasy about

the two of you

and weave it

together with

dirty words,

then send the

email and wait

for a response.

If your

response is

"give me

more," then

you're in luck.

If the

response is

another part of

your erotic

story, one that

your partner

has written,

then you're in

even better

luck! Writing

an erotic story

back and forth

*is one of the
hottest ways to
get the sexy*

emails moving.

If you want

to add some

spice to your

emails, attach

pictures of

yourself doing

naughty things.

Or simply send

an email that

says, "Can you

guess what I'm

doing right

now?" and then

launch into a

vivid

description of

what your

partner would

see if they were

there with you.

Another

popular form

of dirty talk

happens over

instant

messenger

services or in

chat rooms.

"Cybersex,"

sometimes

simply known

as "cyber," is a

great way to

talk to

someone over

the computer

when you're in

the mood for

something

naughty.

Instant

messenger

services bring

the power of

dirty talk right

to your

fingertips --

literally! -- and

allow you to

form a bit of a

deeper bond

than that of a

chat room

flirtation.

*This is an
excellent way
to try out your*

new dirty talk

and see the

kind of

reaction you

get. It works

especially well

if you have a

particular

fetish or

fantasy that

you might be

worried about

*sharing with a
partner.*

Consider it a

test drive!

*The
anonymity of
chat rooms*

makes it easy

to put your

thoughts and

feelings out

there and get

an honest

response in

return. After

all, you don't

know these

people, and

they don't

know you. If

you say

something that

shocks them,

they can tell

you without

fear of hurting

your feelings,

or vice versa.

*Whether you
are playing
with cybersex*

in a chat room

or on your

instant

messenger

program, there

are a few rules

of etiquette

that apply:

Just watch at

first. When you

first enter a

chat room, it

might be

tempting to

jump into the

fray. Resist the

urge! Watch

for a while.

Eventually you

will see

someone whose

comments are

witty enough

or interesting

enough to keep

your attention.

Then you can

jump in and

make

comments in

the current

conversation

that are

directed

toward that

person. Or you

can go the

more direct

route and ask

to speak to

them privately.

Sexy chats

might happen

in open chat

rooms, but if

you want to get

to the serious

action, take it

private. Ask the

person you are

interested in if

they would like

to embark on a

private chat.

Then you can

see where that

cyber road

leads!

Don't push

for any

information at

all. Age, sex,

and location

are the basics

that most

people ask for

in a chat room.

Be honest

about your sex

-- are you male

or female? You

can be vague

on your age

and your

location, unless

you are looking

to take your

cyber chats to

"real life" at

some point in

the future. If

you're just

playing and

brushing up on

your dirty talk,

you needn't

bother with

specifics. Keep

in mind that

the person you

are talking to

doesn't owe

you any details,

either, so don't

ask for them.

*When you
get into dirty
talk in your*

chats, keep in

mind the same

rules as with

texting. Keep

the messages

short and

sweet, in order

to keep them

coming quickly.

You are

essentially

writing an

erotic story in

one-line

increments, so

keep in mind

the flow of the

action. You

want to build

up to a

crescendo!

Don't come

and run. If you

are so turned

on by the dirty

talk on the

screen that

your body

simply can't

hold back,

good for you!

But don't get

yours and then

call it a night.

There is

someone at the

other end of

that modem,

and they are

*waiting for the
same courtesy.*

*On the other
hand, if you are
worried that*

the person you

are cybering

with will

decide to cut

and run

themselves, get

yours first!

Talk through

the session

with them, and

encourage

them to

respond to you,

instead of just

spinning your

tale and

helping them

get off. The

best cyber

sessions are

those when you

are both

participating

and you both

get off at about

the same time.

*When the
cyber session is
over,*

remember to

thank them for

a great time. If

you are on

instant

messenger, it's

possible you

could talk to

them again, so

say goodbye

with grace. If

you are in a

chat room and

completely

anonymous,

say goodnight

before you log

off anyway --

it's just the

polite thing to

do.

And of

course, if you

were having a

cyber session

with your lover

while they

were far away

from you, blow

them a virtual

kiss and tell

them that you

can't wait until

they get home,

so you can

whisper all

that dirty talk

right into their

ear -- and then

follow up on

your naughty

promises!

Dirty Talk in

Public

Phone sex,

texting,

cybersex,

email...these

are all things

that keep the

dirty talk just

between you

and your

partner. But

what about

that

exhibitionist

side of you, the

one that

screams how

badly you want

your partner,

and it doesn't

matter where?

You could be

in a public

park, a train

station, a

discount store,

the bank, or

even at the

family picnic.

Maybe you've

had one too

many at the

Christmas

party, or

perhaps you're

ready to get it

on at the pool.

Whatever the

case may be,

you're in the

mood to talk

dirty -- and

you're in

public.

No problem!

*The key to
talking dirty in
public is make*

sure nobody

knows exactly

what you are

saying. They

might suspect,

sure, but who

cares? If they

don't know for

sure, they can't

call you out on

it! If you can

manage to get

your partner

hot and horny

while you are

in a public

setting, you're

bound to have

some fantastic

action when

you do get to a

secluded and

private area.

*Here are a
few tips to
start talking*

dirty in public:

Whisper it.

Even the most

raunchy, wild

dirty talk can

be said with a

whisper. Say it

with a sly smile

and let your

lips brush your

lover's ear as

you tell them

what you want

to do to them

later. Or what

you want them

to do to YOU.

Even if it's a

short and

sweet

comment,

something

along the lines

of "I want to

fuck you," it's

enough to get

the ball rolling.

Show it. Say

it with your

eyes. Let your

partner know

that you want

them by the

way you look

at them. Good

dirty talk can

include more

than just

words! Make a

point of

looking at your

lover's tight,

cute ass with

lust in your

eyes. Make sure

you get caught

doing it! If you

want to get

straight to the

point, drop

your eyes to his

crotch, linger

there a while,

and then look

back into his

eyes. Any man

worth his salt

will

understand

exactly what

that look

means!

Slip away.

*Take the time
to hide out for*

a moment and

indulge in a

little bit of

desire. Perhaps

you can find a

secluded

hallway and

cop a feel.

Maybe you can

steal a deep

French kiss

while you are

headed for the

kitchen to

refresh your

drink. When

you do slip

away, make

sure to put

your feelings

into words.

Make them

very clear and

to the point. "I

want to suck

you off on the

kitchen table"

is a good way

to raise your

lover's

eyebrows!

Let your

body do the

talking. When

you're standing

close, brush

your breasts

against his

back. Let your

hips touch. Put

your arm

around him.

Slip your hand

down to an

inappropriate

place now and

then, but only

for a moment,

before anyone

else can catch

on to what that

naughty hand

is doing. Lean

over and use

your dirty

words to

complete the

mental picture.

Innuendo

galore! One of

the coolest

parts about

dirty talk in

public is that

moment when

someone says

something

perfectly

innocent...but

you hear it in

an entirely

naughty way.

Dirty thoughts

build, one after

another. The

more dirty

your thoughts

are, the more

likely you are

to see the most

innocent

comments as

raunchy

possibilities.

For instance, if

someone says

it's hot outside,

you can lean

over to your

partner and

say, "Not as hot

as it is going to

be later!" The

double

meaning will

not be lost on

them, and soon

you will be

laughing at the

best "innocent"

comments --

and getting

turned on at

the same time.

Make dirty

talk in public a

game the two

of you play

together. Tell

your partner at

the start of the

evening that

you will be

talking dirty to

him the entire

time, and ask

him to count

how many

dirty talk

comments he

can catch. Then

slip in those

naughty

innuendos

every chance

you get!

*Here are a
few ideas to
help get that*

naughty

innuendo

started:

*While at a
Fourth of July
celebration,*

talk about how

well those

fireworks are

*"shooting" into
the air. Tell
him how much*

you like the

sound of the

"cannon" and

ask him if he

thinks they are

going to "blow"

even bigger for

the "climax."

*When at the
beach, mention
how that lotion*

feels "warm

and thick and

creamy" like

something else

you can think

of...and when

you see

someone on a

surfboard,

point out that

you would like

to be riding

something

hard, too.

Maybe the

thought of that

something

hard it making

you as wet as

an ocean!

*At a friend's
party? Talk
about how you*

love the taste

of those jello

"shooters" and

casually point

out that the

bathroom is

more than big

enough for

two. If you're in

a very

adventurous

mood and you

know your

partner is into

something a bit

more

"interesting,"

play a game of

talking about

which person

at your friend's

party would be

the loudest in

bed, or which

one you would

like to invite

for a

threesome.

*Speaking of
threesomes
and other*

naughty tidbits

Those

“Whoa!”

Moments

*We've talked
about how*

dirty talk

creates images

in the mind,

pictures that

serve to turn

your partner

on. Talking

about what

you're doing in

bed, or asking

him what he

wants you to

do, opens the

door to deeper

discussion.

*People do a
lot of things in
the heat of*

passion that

they wouldn't

normally do,

and you'll

quickly find

that they say

things they

normally

wouldn't say,

too. One

fantasy leads

to another, and

another, and

soon you might

find yourself

exploring

territory you

never would

have otherwise,

had you not

learned this

new dirty

language.

Comments

might be made

in the heat of

passion that

surprise you,

make you

uncomfortable,

or even shock

you. You might

hear things

that you had

never

anticipated,

and you might

not know how

to react.

But before

you get upset,

consider this:

when you're

turned on

beyond belief,

are you really

thinking about

what comes

out of your

mouth? Are

you even aware

of the little

moans and

sighs that you

can't seem to

help? It's the

same with a

vivid fantasy --

if it's in your

head, it's

probably going

to be said at

some point, no

matter how

raunchy or

taboo it is.

*That's one of
the cool things
about*

mind-blowing

sex: it

completely

destroys the

filter that

usually governs

your mouth!

If your

partner does

feel free to say

things to you

that you've

never heard

before, try to

contain your

shock at what

is being said.

Remember:

you're hearing

these things

because you've

built up the

intimacy

between the

two of you, and

sharing these

fantasies takes

a huge

measure of

trust.

If he didn't

trust you, you

wouldn't be

hearing his

innermost

thoughts and

secrets! The

fact that he has

just told you

something so

intimate about

his desires

speaks volumes

about how he

feels about you.

*So be grateful
that he can say
such things!*

Granted,

some of those

fantasies can

be

gasp-inducing.

It might be

something as

simple as

asking you to

wear

high-heeled

boots and

fishnets in bed,

or it might be

something as

jaw-dropping

as mentioning

he would love

to see you with

another

woman – or

another man!

The images

your good dirty

talk paints in

his head might

swell into

images that

you never

imagined

would be there.

This is a

normal

progression,

and though you

might be

surprised at

first, it's

important to

remember that

*this heightened
intimacy is a
good thing.*

*Try not to
get offended by
the fantasies he*

relates, but

don't take

them as the

gospel, either.

Studies show

that ninety

percent of

fantasies are

just that –

fantasy. They

are things that

turn you on

when you think

about them,

but that you

might not do in

real life, given

the

opportunity.

Many people

talk about

what they

would like to

do, or what

they might try

one day, but

few ever really

pursue it. The

fantasy is

usually enough.

Sharing those

fantasies can

lead to great

sex between

the two of you,

but it doesn't

necessarily

mean he wants

to have that

great sex with

three or four –

or more!

If you're into

dirty talk,

you're already

pretty

open-minded.

Keep that open

mind when

you're in the

heat of passion

and discussing

fantasies. Who

knows? You

might get into

the scenario

and be so

turned on, it

becomes a

fantasy of

yours, too!

*But when the
bedroom
games are over*

and it's just the

two of you in

the afterglow,

you might start

to wonder

about the

things that

came out of his

mouth. Did he

really mention

how good it

would be to see

you with

another man?

Is he really into

having two

women in bed

with him?

And Lord

have mercy, did

he really mean

it when he said

he wanted to

visit a gay strip

club?

You might

hear some wild

things when

the inhibitions

are unleashed.

Here are some

possibilities.

How would you

feel if you hear

a few of them?

*I want to see
you in bed with
another man.*

I want to see

you in bed with

another

woman.

*I want to let
my best friend
have a go at*

you.

I want you to

do me like my

cousin did me.

I would love

to be tied up

and spanked.

I want you to

go to a strip

club and watch

you get a lap

dance.

*I want you to
watch me get a
lap dance.*

I want to try

smoking weed

while we get it

on.

I want you to

whip me.

I want to

meet a

stranger in a

hotel room and

have sex.

I want to

dress up in

your clothes.

*I want to
experiment
with women*

and men.

I want to be

fucked up the

ass with a

strap-on.

I want to

spank you and

make you call

me Daddy.

I want you to

bark like a dog

while I fuck

you.

I want to see

you dress up in

leather. (Or a

French maid

outfit, or

hooker heels,

etc.)

*I want to
make you my
sex slave.*

So...what do

you think? Do

any of those

suggestions

make you

cringe? Do any

of them turn

you on? Did

some of them

make you want

to stop

reading?

These are

actually pretty

tame

compared to

the vast

fantasy worlds

in our heads.

Your man

might have a

very specific

fantasy that

takes a long

time to explain.

Or it might be

something

you've never

heard of

before. Again,

don't judge it,

and don't try to

turn him off to

what he's just

told you.

Remember the

issue of trust,

and how much

it took for him

to say those

things to you.

*Consider it a
compliment!*

*Keep in
mind: Your
partner*

probably had a

sexual past

before you

came along,

and you might

have been

around the

block a few

times, too.

Either way, just

because he says

it doesn't mean

he wants to do

it, and just

because he

mentioned it

doesn't mean

he's already

been down that

road.

*You can take
those fantasies
for what they*

are – dirty talk

between two

people in a

passionate

moment – or

you can ask

further

questions.

But before

you do that,

keep in mind

your own

fantasies. What

have you said

in the heat of

passion that

you would

never really

do? Research

shows that

many women

fantasize about

being taken by

more than one

man, but most

of them would

never actually

try it. Research

also shows that

rape is a topic

of many

women's

fantasies, but

none of them

would ever

really want it

to happen!

What

happens in our

heads, in our

most private

thoughts, is

often not

something that

meshes with

our real life.

*That's why it's
called a
fantasy.*

If you are

still

determined to

get to the

bottom of his

fantasies, be

warned: Do not

ask if you don't

want to know!

If you would

prefer not to

know about

your partner's

sexual past,

don't ask him if

certain

fantasies really

happened. He

might tell you

the truth, and

if you have any

jealousy at all,

you might turn

green with

envy and red

with anger. Or

he might lie to

you, which

breaks down

the intimacy

you've built,

and makes him

more likely to

keep his

thoughts to

himself from

here on out.

But if you're

entirely

confident in

your

relationship

and ready to be

as adventurous

as he is, by all

means, discuss

every fantasy

that comes to

mind. There's

nothing hotter

than knowing

what a devious

sexual mind

your partner

has, and

opening that

door can lead

to some intense

discussion –

and who

knows? One of

those "whoa"

moments just

might lead to

some intense

encounters you

never dreamed

you would

pursue!

Naughty

Role-playing

Tips and Tricks

*The world of
roleplaying is
the*

cornerstone of

dirty talk.

Talking dirty

often means

telling a tale

for your lover,

slowly offering

a fantasy in

words, one that

will turn them

on by the

images you

*paint in their
mind.*

Roleplaying

takes that idea

a step further

and turns that

fantasy into

reality -- or as

close to reality

as it can get.

By now you

are well into

the world of

dirty talk, and

your lover has

probably

shared a thing

or two about

his fantasies

and what he

would love to

do, if the

opportunity

ever arose. If

those fantasies

turn you on

too, you could

consider

making them a

reality with

roleplaying.

Some

fantasies are so

common that

there are

whole

guidebooks,

costumes, and

even

communities

dedicated to

the pursuit of

them. Some of

the roleplaying

communities

and activities

might be far

out of your

comfort zone,

or you might

find that

something you

never thought

would appeal

to you actually

makes you feel

rather

comfortable.

*That's one of
the best things
about*

roleplaying:

you don't know

if you like it

until you try it,

but if you DO

like it, you like

it quite a lot!

Here are a

few naughty

roleplaying

scenarios. Has

your partner

talked about

any of these?

Do any of them

light up the fire

for you?

A strict

headmaster is

seduced by a

young student.

A virgin man

gets

deflowered by

a prostitute.

*An exacting
piano teacher
punishes a*

*student for not
practicing.*

A pirate

kidnaps a fair

maiden and

has his way

with her.

The bad boy

who was just

released from

prison finds

himself

attracted to his

parole officer.

The inmate

in the prison

has an affair

with the

warden.

A married

woman meets

someone else

for sex in a

hotel.

A happy

mother has sex

with Santa

Claus.

The doctor

has his way

with a patient.

The naughty

nurse goes

above and

*beyond the call
of duty.*

*The personal
trainer gets in
some overtime.*

The

mechanic and

the woman in

distress work

out a unique

form of

payment.

*Meeting a
stranger over
the internet*

turns into a

public sex

encounter.

An

unscrupulous

director

blackmails a

porn star for

sexual favors.

*A woman is
passed around
between half a*

dozen men.

A man is tied

down to the

bed and forced

to perform for

various

women.

A trainer

teaches his

"pony" how to

perform for

him.

Two

anonymous

strangers

never speak or

see each

other's faces,

but they have a

naughty anal

session while

they are

together.

The maid

offers services

to the man of

the house.

The

babysitter

takes care of

more than just

the babysitting.

The

librarian

hushes up the

loud patron in

a most unique

way.

The

roleplaying

ideas can be

absolutely

endless. Even

within one

particular

fantasy, there

could be

dozens of

variations,

each of them

worthy of a

shot for your

roleplaying

hall of fame.

You can try

every

roleplaying

scenario you

can think of

and still not

scratch the

surface of what

is possible!

But to begin

your venture

into

roleplaying,

choose

something

simple to do.

Something that

doesn't need

many props is

always a good

bet. If you are

playing the

librarian and

patron, a

simple suit and

a pair of

glasses, with

your hair

pulled up in a

bun, will suit

just fine. You

should have a

bookshelf

nearby, filled

with books,

and plenty of

opportunity to

make noise in a

hushed room.

You should also

have a severe

attitude to go

along with the

librarian

theme.

If you are

being

anonymous

strangers, the

biggest

challenge will

be finding a

way to stay

"anonymous"

while having

sex. Perhaps

you pretend to

meet in a hotel

room after

getting it on

over the

internet? One

could be

waiting for the

other, and the

action could

happen

doggie-style.

But of course,

that is only one

small idea out

of the dozens

that you could

actually try!

*Look on the
internet or at a
sex toy shop to*

find the proper

roleplaying

clothes if your

situation calls

for it. A French

maid's outfit is

easy to find,

and so is a

pirate. Others

might be more

difficult or

costly. If you

are playing a

stripper, you

might want to

go with the

traditional

stripper heels

and the pole, of

course -- and

those things

can take both

time and

money. It all

depends on

how far you

really want to

go with your

roleplaying

games.

Just as

important as

the costumes

and attitude is

the dirty talk!

Tailor your

dirty talk to fit

the situation

you are

portraying. For

instance, a

librarian

would be stuffy

and correct

until the

passion took

over, and then

her mouth

might be as

filthy as that of

a sailor. The

prisoner would

be naughty,

while the

warden would

try to see

things in a

more

diplomatic

fashion, and

perhaps even

mete out a

punishment if a

curse word

were used.

Sometimes

the best dirty

talk is the most

restricted, as in

the case of the

headmaster

and student --

you have to get

very creative

when the dirty

talk wouldn't

fit the

roleplaying

game! In this

case, you can

consider

punishments

for talking

dirty, which

might serve to

heighten the

situation even

more.

Sometimes, a

simple

roleplaying

game can turn

into a complete

lifestyle. For

those who

enjoy bondage

or submission,

their first

forays into

roleplaying

might have

been the

catalyst that

led them to

choose a

full-time

lifestyle. You

never know

what

roleplaying can

do, but you DO

know that it

can lead to a

more intimate

and fun

*relationship in
the bedroom.*

And who

doesn't want to

have the most

fun possible

behind closed

doors?

Girl on Girl

Dirty Talk

Throughout

this book we've

talked quite a

bit about dirty

talk with a

partner, and

often our

comments have

been geared

toward "him."

But what about

the "her" side

of the

equation?

When a woman

talks dirty to

another

woman, is it

any different

than when a

woman talks

dirty to a man?

The answer

to that is

yes...and no.

*There seems
to be a huge
misconception*

floating

around about

women and

dirty talk. So

many times

women are

seen as the

delicate flower,

one that

shouldn't be

sullied by dirty

things. That

includes sexual

fantasies, vivid

sexual

expression, and

yes, even down

and dirty

naughty talk. It

harkens back

to a time when

women were

seen as the

weaker sex,

and were

believed to

need

protection

from all things

that could

"corrupt" their

gentle and

unassuming

nature.

My, how

times have

changed!

*Women are
very much in
charge of their*

lives. That

includes every

aspect of their

lives, including

their sexuality.

Women's

enjoyment of

porn, dirty talk,

and other

things once

considered too

"base" for the

typical woman

has become

more

mainstream

and accepted

in recent years.

The sexual

revolution

proved to

women that

they really

could have

sexual desires

and fantasies

that were just

as strong -- if

not more so! --

than that of

their male

counterparts.

Acting on

that sexual side

has become

more common,

and now

women are

empowered to

handle their

own bodies and

seek their own

pleasure. They

want to hear

those naughty

words!

*Some people
still like to say
that dirty talk*

is demeaning

to women, and

that they

should only

hear the most

gentle and

loving words

from their

partner. This

comes from the

same mindset

that says

women should

only have sex

for procreation

and should

never watch

porn. In this

kind of

mindset, there

is no room for

the lesbian

woman or the

gay man. The

thought would

never cross

their minds!

*Dirty talk is
not demeaning.*

It isn't

demeaning

when one

woman is

saying it to

another, and it

isn't

demeaning

when a man

says it, either.

In fact, it's just

the opposite --

it's

empowering.

Dirty talk is

a way of

opening up to

pleasure and

proving all

those

stereotypes

wrong! It's a

way of asking

for exactly

what you want

and having

every

expectation of

getting it. Dirty

talk opens the

doors of sexual

communication

between two

people, and

allows them to

move forward

into a more

meaningful,

insightful

relationship.

When you talk

dirty to each

other, you are

learning more

and more with

every breath.

What

relationship

wouldn't

benefit from

that?

As for

technique

when it comes

to girl on girl

dirty talk, it all

comes down to

doing what

feels good, and

enjoying every

minute of it.

Girl on girl

dirty talk

might be the

kind of thing

men dream

about seeing in

porn films, and

they have good

reason -- dirty

talk, regardless

of who is giving

and receiving,

is one of the

hottest things

around.

*Any of the
suggestions in
this book can*

be tailored for

the same sex

relationship.

*Whether it's a
man talking to
another man*

or a woman

trying to get

another

woman hot, all

the same rules

apply. Always

remember to

treat your

partner with

the utmost

respect and

courtesy,

whether that

be a man or

woman -- but

once the

bedroom door

closes behind

the two of you,

absolutely

anything goes.

Don't let

preconceived

notions of "the

stronger sex"

or "the weaker

sex" get in the

way of

intimacy!

Getting

Hard-core

So far we've

talked about

almost

everything that

you need to get

started down

the dirty talk

road. If you're

not there yet,

you're well on

your way by

now, and you

might be

getting curious

about what

comes next.

What happens

when you are

more

comfortable

with dirty talk

and you're in

the mood to

move out of

your comfort

zone?

You get

hardcore, baby.

Getting into

hard-core

fantasies often

means

hard-core

language. It

might be hard

to find the

proper words

to explain

what's in your

head, but it can

be done. It just

takes some

creativity and

a lot of open

mind. Being

completely

uninhibited

with your

partner will

open up wide

horizons of the

hard-core

nature!

Remember

those Internet

searches you

did when you

were first

thinking about

talking dirty to

your partner?

Now is a good

time to go back

to those. You're

getting better

about talking

dirty, and it's

becoming more

and more

spontaneous,

but your

vocabulary can

broaden to

include things

that still

surprise him

and make his

libido rise.

*Go back to
those porn
videos, the ones*

you watched

when you were

first getting

ideas for dirty

talk. Watch

them again,

but now bring

your more

seasoned ear.

Words that

didn't turn you

on before

might very well

light your fires

now.

As you

watch, think

about what

your partner

says to you,

and how he

reacts to your

words. Which

ones would trip

his trigger?

Go back and

pick up those

erotic novels,

too. Remember

the short

stories that

were so hot

they got the

party started

before you hit

page 5? Go

back to those

and look at the

stories that you

deemed "too

much" at the

time you

bought the

book. How do

you feel about

them now that

you have had a

chance to

explore the

realm of dirty

talk a bit

more?

*Bring your
partner in on
your thoughts.*

Games for

couples are

always good, so

why not start

there? Sitting

fully clothed in

your bedroom,

start by

throwing out

words.

Challenge him

to come up

with something

hotter.

For instance,

you might say

“thrusting” and

he might

counter with

“stroking.” Add

more and more

words until you

are showering

each other

with

naughtiness.

Does it make

you blush?

Does it make

you laugh?

Good! If you're

giggling and

breathing

harder and

giving each

other that coy

look that

means what

you know it

means, that

means you're

getting

comfortable

with the idea of

the more

hard-core dirty

talk phrases.

This might

be a good time

to ask him

which words

turn him on.

Asking when

you're in a

relaxed, calm

atmosphere,

still fully

clothed, takes

off the sexual

pressure. It

gives you both

a chance to

really think

about the

words you've

been using and

how you feel

about them.

For example,

he might have

called you a

“bitch” in bed

last night, and

you were

surprised that

it turned you

on. But you

would never

want to be

called such a

name outside

of the bedroom,

for it would

have an

entirely

different

connotation.

*Now is the
time to bring
up those*

differences and

talk about

them with your

partner, so

there is no

question about

what is okay

and what is

not.

*Here are a
few phrases to
consider. How*

do you feel

about them?

I love your

big, sexy dick.

*Your cock is
perfect for my
pussy.*

*That pussy is
yours to fuck,
isn't it? You*

want it, don't

you?

Shoot that

come into my

hot, wet cunt.

Give it to me,

you sexy

bastard.

Fuck me

harder. Faster.

You like it

when I'm

giving you my

come, don't

you? Suck it

out of me.

You want to

fuck my tits

with your rod?

Make me

gag on your

cock.

You like it

when your

bitch rides your

dick, don't you?

All that talk

about dirty

talk just might

lead to another

heated

encounter.

*When it does,
apply the new
things you've*

learned, and

don't be afraid

to branch out

into things that

might make

you a little

uncomfortable.

Testing your

boundaries is a

good thing, and

can lead to the

kind of

naughty talk

that would

make one of

those porn

stars blush!

Remember

those fantasies

we talked

about earlier in

this book? The

hardcore

fantasies that

might make

you say "whoa,

back up a bit

there!"? You

might find that

you like a few

of those

fantasies, and

your dirty talk

might start to

reflect that. If it

does, consider

that you might

want to go

even further

into hardcore

dirty talk, and

begin throwing

out phrases

and words that

might shock

you.

*In fact, try a
few of these on
for size. Are*

you ready to go

this far?

Shoot the

jism all over

my fucking

pussy.

I'm gonna

swallow

buckets of your

spooge and

then you're

going to lick it

from my

tongue.

*You want to
suck my dick
after I've*

fucked your

ass, you filthy

whore?

*I'm going to
ride you like a
motherfucking*

jackhammer.

Lick your

come out of my

pussy. Do it,

pussy boy.

*I'm going to
blow it up your
ass.*

Suck my

balls while I

come on your

clit. Do it. Get

down there.

Think I can

take your

whole hand up

my slutty cunt?

Let's find out.

Spank that

pussy, you bad

boy.

*That's just
the tip of the
iceberg with*

the filthy dirty

talk you might

find coming

out of your

mouth. When

you're too hot

to see straight,

there is no

telling what

you will say.

Some of your

deepest,

darkest

fantasies are

bound to come

out.

*And that is a
very good
thing!*

Let's go back

one more time

to those

hardcore

fantasies.

Sometimes,

dirty talk just

isn't

enough...somet

imes, you need

a little extra

pep to get

where you need

to be with a

serious

roleplaying

game.

And how do

you do that,

you ask?

Simple.

Sex toys!

You can

fulfill some of

those fantasies

with the help of

interesting and

reliable sex

toys. For

instance, if

your lover

mentioned how

much he would

love to see you

fuck another

man while he

watches, make

it happen –

figuratively.

Choose a dildo

that looks like

a man's penis,

and the next

time he

mentions that

particular

fantasy,

introduce him

to your new

toy. With a few

well-placed

words, you can

set the

hardcore stage

for a fantasy

that will blow

him away!

Another

option would

be the "more

than one

woman"

fantasy. You

can make this

happen with a

Pocket Pussy, a

small sex toy

that is

designed to

look and feel

just like a

woman's

vagina.

Blindfold him

or climb on top

of him, settling

your pussy over

his face, and

when he's

really into

what you're

doing to each

other,

introduce the

sex toy by

murmuring to

him about how

much you

would love to

fulfill that

fantasy and see

him with other

women. Slide

the Pocket

Pussy down

over his

dick...and you

can take it all

from there!

*These are
the most basic
examples of*

what you can

do to

incorporate

your dirty talk

and sex toys

into hardcore

play. The

opportunities

are endless!

Just keep the

communication

going and the

intimacy alive,

and your dirty

talk experience

will be a

stunning,

screaming

success!

Now That

You've Done

It...

You're done

a great job in

learning this

new language

of dirty talk.

But don't stop

now! There are

countless

words to use in

bed, and you've

just scratched

the surface.

Experiment

to your heart's

content, and

ask your lover

to experiment

with you.

Nothing is so

sweet as

something that

has been

learned

together...espe

cially if that

something is

decidedly

naughty!

And look

what the dirty

talk led to!

Between the

role playing

and the

fantasies, the

games and the

toys, you've got

a world of

possibilities

open to you.

Hopefully

you've gained

much more

than some

excitement in

the bedroom.

By now you've

learned how to

ask for what

you want in

bed, which has

increased your

satisfaction.

And what

about that

((Zackery))

who gives you

the pleasure

you love?

The intimacy

you have

between the

two of you is

only getting

better, and

sometimes you

could swear

the electricity

between the

two of you

could light up

the whole

town.

It's a sure bet it

lights up the

world between

the sheets, over

and over again.

So why is

(Zackery) still

reading this?

It's

Time

to

go

to

the

bed

room,

grab

your

hot

lover,

and

talk

dirty!

IF YOU

ENJOYED THIS

BOOK PLEASE

LEAVE A

REVIEW

ON AMAZON

BY VISING

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